The Treat and Reduce Obesity Act (H.R. 2415, S.1184)

Today 1/3 of adults are living with obesity

Tomorrow over 50% of adults will be living with obesity in 2040



The Role of Registered Dietitians in Obesity Prevention

- According to the Institute of Medicine and US Preventative Services Task Force, registered dietitians are the food and nutrition experts—they know the keys to success.
- Registered dietitians cost less than other health care providers—reaping better results at a *lower cost*.
- Registered dietitians are twice as likely to help individuals lose significant amounts of weight through *nutrition* and *exercise*.

With The Treat and Reduce Obesity Act:

- Registered dietitians can make a difference.
- Registered dietitians will be able to *effectively* treat obesity through Intensive Behavioral Therapy (IBT) which includes lower costs and more successful results.

Please co-sponsor H.R. 2415/ S. 1184 and encourage Congressional leaders to move it to the floor for a vote.



Ogden et al. Prevalence of Obesity in the United States, 2009-2010. Centers for Disease Control and Prevention, U.S. Department of Health and Human Services. January 2012. http://www.cdc.gov/nchs/data/databriefs/db82.pdf (also for next bullet point)
Grade 1 data. ADA Evidence Analysis Library, http://www.adaevidencylibrary.com/topic.cfm?cat=3949.
U.S. Preventive Services Task Force. Screening for and Management of Obesity in Adults: U.S. Preventive Services Task Force Recommendation Statement.
AHRQ Publication No. 11-05159-EF-2. June 2012. http://www.uspreventiveservicestaskforce.org/uspstf11/obeseadult/obesers.htm
Pritchard et al. "Nutritional Counseling in General Practice: A Cost-Effectiveness Analysis." Journal of Epidemiology and Community Health, 53 (2009): 311-316.